

CETRA NEWS

MAY 2024

CEDARS ESTATE

CETRA



YOU ARE INVITED



To **CETRA HOUSING'S BIG LUNCH**



Location **Cedars Estate– Playground Area**



Useful Numbers

Transco Gas Safety
24hr (for gas leaks)
0800 111 999

**Clapham Town Safer
Neighbourhood Team**
020 8721 2825

Lambeth Council
020 7926 1000

Heating and Hot Water
0800 091 2140
0208 722 3436
Pod4@smithandbyford.com

TW Drainage
0800 121 6122
OOH@twdrainage.co.uk

**Out Of Office
Emergency Repairs**
020 7926 6666

**Noise Nuisance - Rapid Re-
sponse**
Night service 10pm-3am
(Fri-Sat 10pm– 5am)
020 7926 5999

CETRA Office
020 7926 7555

CETRA's email
cedars@lambeth.gov.uk

CETRA website
www.cetra-housing.co.uk



On **Saturday 1st June 1PM– 5PM**



**NO RESERVATION NEEDED
JUST TURN UP!**



As promised, CETRA is excited to welcome all residents to the Big Lunch event early this summer. Please mark your calendar and join us on Saturday, 1st June for the event.

The Big Lunch is designed by the Eden Project Communities to bring people together and encourage them to actively engage with one another and the places where they live. We believe that happier and healthier communities are where people know one another, and neighbourhoods thrive

Bring food, drink, and of course, your families and friends to share with on this fun day. This is the perfect opportunity to get to know your neighbours, and come together as a community. CETRA will be providing various activities for you to enjoy with families and friends. There will be a toddlers play park and jungle soft play for both big and little children, and a Last Man Standing as well as a DJ spinning the tunes.



TABLE TOP SALE



CETRA is also incorporating a 'Table Top Sale' to be held in the same area. Any residents wishing to sell any unwanted goods must contact the CETRA Housing Office ASAP to reserve a table. Be quick, as tables are limited and are on a first come first served basis. You are welcome to use your own tables and mats.

DON'T miss out! We hope to see as many of you as possible.



TABLE TOP SALE

CETRA is excited to announce the launch of our monthly summer Table Top Sale, starting this 1st June, along with the BIG LUNCH. Every subsequent Table Top Sale will be held on first Saturday of the month from July to September. To ensure the success of the events, CETRA is looking for a volunteer to take charge of organizing each sale. This volunteer will play a vital role in keeping track of attendees and ensuring everything runs smoothly.

Please contact CETRA office to express your interest and learn more about how you can get involve. We look forward to hearing from you soon.

RECYCLING-NO PLASTIC BAGS

Some Residents on the Cedars Estate are still disposing of their household rubbish, contained in plastic bags or in black bin liners, in the recycling bins provided on the Estate.

Please be advised that the bin collectors will not collect any recycling items that are in plastic or black bags.

The items must be disposed of INDIVIDUALLY!



HOW TO DEAL WITH MOULD AND MILDEW AT HOME

Mould and mildew are two types of fungi that thrive in moisture-rich areas like bathrooms. You can find it on ceilings and walls, around window frames and on tile sealant or grout.

Mould and mildew - what's the difference?

Mildew is the first stage of mould and can be easily removed with a good cleaner, while mould is black or green and is a sign of a much larger infestation. It can penetrate below the surface of the affected area and cause serious damage if left untreated for a long time

Removing mould

When removing mould, nasty spores might be released into the air, so it's vital you wear protective goggles, gloves and a face mask. You should also open windows so the spores don't spread to other areas of your house.

Some remedies for mould removal include

Borax. Mix one cup of this cheap, natural cleaner with four parts water and brush into the affected area. When finished, wipe away with clean water and allow to dry before spraying the area with white vinegar to stop re-contamination

Vinegar. Spray mild white vinegar onto the area and leave for around an hour before wiping away with warm water. Dry the surface thoroughly with a towel to prevent regrowth

Baking soda. Mix one teaspoon of liquid soap to one cup of baking soda and some warm water to make a paste, before applying to the mouldy area. Leave for an hour before clearing away

Bleach. If the other methods don't cut it, mix one part bleach to two parts water and apply to the area using a spray bottle. Allow to dry, spray for a second time and scrub using a brush – repeat until the mould has gone

Specialist spray. There are many mould-busting products available on the market, just make sure you research reviews beforehand.

Preventing further growth

- Once you've removed the mould, you don't want it to return. **Proper Ventilation** is a key to stop re-growth so its important you use your extractor fan or leave windows open in you kitchen when cooking.
- Open a window after your shower.
- Cleaning your bathroom regularly using vinegar in a spray bottle will help, too, and don't forget to check for leaks and blockages that could be causing mould infestations.

BIN IT—DON'T BLOCK IT

Bin it—don't block it, it is a campaign aimed at prevent sewer and drain abuse by urging people not to dispose of anything other than water, human waste, or loo roll down the drains.

Our drains and sewers were not designed to cope with products such as wet wipes and sanitary items, which can easily cause blockages if flushed down the toilet. It also affects your boiler function as well. We have had a few reports from some tenants regarding heating and hot water not working and this is normally due to the sink being blocked with food debris.

One of the biggest and major problems is pouring cooking fat down the sink, as it sets hard and blocks sewers and drains. This often leads to narrowing the width of the main stack pipe and causes severe blockages in the main interceptor. In both cases this will lead to back surging of sewage into the properties. These problems could easily be avoided by simply dispose of their rubbish and food waste in the bin. Here's how you can help;

- Ignore claims on products such as wet wipes that say they are flushable. These items do not break down when they are flushed away, so must be disposed of in the bin.
- After cooking, allow fat and oil to cool down before disposing of it in the bin or in a suitable container.

PLEASE CLEAN UP AFTER YOUR PETS

CETRA would like to remind the residents that the responsibility of pet ownership includes maintaining the cleanliness of the Estate. There has been an increase in pet waste left unattended on the grass areas, and communal areas; posing health hazards to the community and the environment.

When walking your pets, please always carry waste bags and promptly clean up after them. Dispose of pet waste properly in the bins and encourage others to do the same.

Failure to clean up after your pets can result in potential fines being issued.

We thank you ALL for your cooperation and understanding

CRIME/ANTI SOCIAL BEHAVIOR

CETRA has become aware of recent break-ins on the estate and is urging residents to be vigilant and be mindful of any suspicious activities or individual, and report instances of crime and anti social behaviour to the police immediately.

Please take preventative measures to ensure that you are not the victim of any crime; all entries, doors, windows, garden gate, garage door, etc., have adequate locked installed.

NOISE AND NUISANCE

CETRA also wants to remind every one to be considerate of others and to take steps to minimize any disturbances.

Keep Noise Levels Down

Be mindful of the noise you create, especially during early morning and late evening hours. This includes loud music, conversations, and any other activities.

Respect Community Areas

Community areas such as the sharing balcony landing and walkways should be kept clean and free from clutter. Be respectful of others' property and personal space.

Be Aware of Pets

If you have pets, be considerate of their behaviour and noise levels. Ensure that they do not disturb your neighbours, especially during quiet hours.



CETRA SMALL BULKY WASTE COLLECTION SERVICE

CETRA would like to advise residents that CETRA bulky waste collection service is ONLY for small items. To avoid being charged for the bulk services, **PLEASE** follow the following rules

Collection days

Bulky waste will be collected twice weekly on **Tuesday** and **Friday** mornings. Please place items out for collection **before 10am** (not the night before).

Disposal Time

Please ensure you do **NOT** place items out **after 10am** on **Tuesday** and **Friday**

EXAMPLES OF ACCEPTABLE SMALL BULKY ITEMS

- Old toys that must be boxed and bagged
- Small electrical items.
- Televisions.
- Small tables and bedside drawers.
- Small chairs.

EXAMPLES OF UNACCEPTABLE BULKY ITEMS

- Wardrobes.
- Bed frames, Mattresses and Sofa's
- White Goods – Fridges, Freezers, Washing Machines, cookers.
- Carpets.
- Plasterboard.

REMEMBER: if you are unsure if we will take an item you **MUST** check with the CETRA Housing office on 020 7926 7555 before leaving an item out.

If you want to dispose of items we do not collect, then Lambeth Council offer a chargeable bulky waste service to Lambeth residents as follows:

General bulk Cost

Each collection costs £19.70, for up to 2 separate items or 2 bags. Additional items cost an extra £9.30 each.

Large bulky waste Cost

A quotation will need to be obtained from Lambeth but, prices start from £149.94 inclusive of VAT. If you choose to use Lambeth's services, please contact the office, so we are aware of any bulk you leave out for them to collect.

Please call Lambeth Council on 020 7926 9000 for more information about their large bulk and garden waste service.

ESTATE INSPECTION

CETRA would like to remind all residents that **NO** items except for live plants can be left on communal balconies or in any other communal areas.

Even if you are short of storage space, **DO NOT** leave items on balconies, stairwells, landing or shared internal spaces as this is a **FIRE & TRIP HAZARD** and is a safety at risk to everyone.

Please keep to these rules so that all communal areas are safe and ensure you are not in breach of your tenancy.

- All paths to and from your home must be kept clear
- Do not store/leave any items outside your front door including bikes, buggies, and or scooter
- Do not chain bikes or any other items to Communal Balconies, Bannisters or Buildings
- Do not store anything inside intake cupboards

To keep everyone safe, **CETRA WILL REMOVE** and dispose of any items found in communal areas without further notice. Some items may be stored for 28 days before disposal.