

CETRA NEWS

AUGUST 2023

FOR THE CEDARS ESTATE

CETRA

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Useful Numbers

Transco Gas Safety – 24hr
(for gas leaks)
0800 111 999

Clapham Town Safer
Neighbourhood Team:
020 8721 2825

Lambeth Council:
020 7926 1000

CETRA Office:
020 7926 7555

Heating and Hot Water:
0800 091 2140
0208 722 3436
Pod4@smithandbyford.com

Out of Office
Emergency Repairs:
020 7926 6666

Noise Nuisance - Rapid
Response Night service
10pm-3am
(5am on Fri-Sat)
020 7926 5999

CETRA's email:
cedars@lambeth.gov.uk

CETRA website:
www.cetra-housing.co.uk

You are invited!



TO : CETRA HOUSING'S BIG LUNCH



WHERE & WHEN :

CEDARS ESTATE PLAYGROUND AREA
SATURDAY 2ND SEPTEMBER
1PM– 5PM



RSVP: NO RESERVATION NEEDED
JUST TURN UP !

BIG LUNCH– SUMMER FUN

CETRA would like to invite all RESIDENTS to our BIG LUNCH – SUMMER FUN event. The event will be held by the Cedars Estate playground, Victoria Rise on Saturday 2nd September 2023.

The Big Lunch is designed by the Eden Project Communities to bring people together and encourage them to actively engage with one another and the places where they live. We believe that happier and healthier communities are where people know one another, and neighbourhoods thrive.

CETRA will be providing various activities for you to enjoy with family and friends. There will be a bouncy castle for both big and little children, a bungee run, as well as a DJ spinning the tunes.

TABLE TOP SALE

CETRA are also incorporating a 'Table Top Sale' to be held in the basketball court area. Any Residents wishing to sell any unwanted goods must contact the CETRA Housing Office ASAP to reserve a table. Be quick, as tables are limited and are on a first come first served basis.

We encourage all RESIDENTS to participate in this joyous occasion by bringing along some food and drink for all to share. This is the perfect opportunity to get to know your Neighbours, and come together as a community so DON'T miss out! We hope to see as many of you as possible.

CEDARS ESTATE TREES

“ For in the shade of a tree,
I discover what is true
And with the wind’s gentle touch,
My worries gently undo.”

- Nithya Kalyani, “A tree whisper”

Trees play an important part in our lives, especially in this ever- changing climate. They offer a multitude of benefits, including filtering air, providing shade, reducing heat, moderating temperature in their surroundings; and many more. Cedars Estate are fortunate to have the second largest number of trees in Lambeth, and we take great pride in this.

We believe it is essential to keep you informed about Lambeth practices in protecting, managing, and aiming to balance maximizing all these benefits from our trees and our estate.

Lambeth no longer carry out a three-year maintenance programme of trees on communal land. Instead they will now carry out an inspection of all trees and follow-up pruning works for those where it is needed for reasons of tree health or overall safety. See below some of the information from the new tree management policy concerning council- owned trees:

Light and Shade

Lambeth will not prune or fell a Council-owned tree to improve natural light to a property. In law there is no general right to light

Blocking views

Lambeth will not prune or fell a Council-owned tree to improve the view from a private property. In law there is no right to a ‘view’

Tree touching property

If a tree in Council ownership is touching a property (dwelling house, boundary wall, garage etc.) Lambeth will take action to remove the nuisance. In most cases, the solution will be for Lambeth to prune the tree. Where pruning is appropriate, Lambeth will undertake works to deal with the nuisance. Please fill in an online form available on Lambeth website.

Dangerous tress or a tree in need of maintenance

If you notice a dangerous tree or a tree in need of maintenance, please report it to Lambeth. Lambeth have a skilled team who are responsible for the maintenance of Lambeth’s 57,000 trees. Please fill in an online form available on Lambeth’s website. Your reports will help the team take timely actions to ensure the safety and beauty of our green spaces.

For further details and updates on Lambeth’s tree management policies, we encourage you to visit Lambeth website.

<https://www.lambeth.gov.uk/planning-building-control/trees/trees-what-we-can-do-what-we-cant>

Trees enquiry form:

<https://www.lambeth.gov.uk/forms/trees-form>

Trees webpage:

<https://www.lambeth.gov.uk/planning-and-building-control/trees>

COMMUNICATION FROM CETRA

As part of on-going efforts to enhance communication and embrace sustainable practices, CETRA are reaching out to seek Resident’s valued opinion regarding the communication method that they prefer to receive from CETRA.

We primarily send Resident's letters to inform them of important updates in regards to rents arrears and estate maintenance to name but a few. However, we understand that in this fast digital age, many residents may find email communication more efficient and eco- friendly.

As such, CETRA are considering making the shift towards more email- based communication to reduce paper usage, and to ensure you receive timely updates in your mailbox.

Your opinion matters to us so Please simply email our CETRA inbox cedars@lambeth.gov.uk and let us know your preferences. Thank you for your time and cooperation. Should you have any questions or concerns, please do not hesitate to reach out to us 020 926 7555.

AGE UK LAMBETH SERVICES

CETRA would like to bring to your attention the valuable services offered by Age UK Lambeth. Age UK Lambeth is an independent local charity that has worked in the community to help older people, their families, and carers for over 70 years. Their mission is to support older people in Lambeth to live enriched, productive, and purposeful lives but challenging the stigma of ageing, reducing social isolation, and ensuring they get the right support at the right time.

They carry a variety of services, from physical activities and dementia support to housework, cooking, and shopping assistance. Whatever the need maybe, Age UK Lambeth is there to lend a helping hand.

One of the vital services that CETRA has been asked about is Handyfix. Handyfix offer reliable assistance with small repairs, such as putting up curtain rails, shelves, and pictures. They also specialize in home security, including door and window locks, door chains, and door viewers. All work is carried out by trained professionals.

Handyfix is a charged- for service and the cost will vary depending on the work being undertaken. All the profits from Handyfix service will go directly into supporting Age UK Lambeth's vital work in the community.

If you are a Lambeth resident, and wish to require Handyfix services, please
Contact 0333 360 3990.

Email: missioncontroller@ageuklambeth.org

For more information on their extensive services and activities, we encourage you to visit ageuk.org.uk.



TRAFFIC LIMIT ON VICTORIA RISE



The safety and wellbeing of residents have always been CETRA priority, especially when it comes to children. CETRA has had a request from a local neighbour to address a growing concern on Victoria Rise. You might have been aware of the speeding issues on Victoria Rise particularly outside of Macauley School, where the speed limit of 20mph is often disregarded, posing a significant risk to our children who attend Macaulay School and Residents living in the vicinity.

Our Neighbour has called upon CETRA to offer its support to this cause by initiating a petition to urge Lambeth Council and Traffic for London to take action to stop speeding on Victoria Rise. CETRA fully endorse and support this initiative and we would be very grateful if our Residents could too. We are committed to working together with residents to create a safe and secure environment for all members of the community.

We are collecting signatures for a petition to try and enforce the speed limit by installing a speed camera, potentially setting up a 'street school'/LTN (Low-Traffic Neighbourhood) or by any other means that would ensure road users drive at 20mph or less. Your support is crucial. Please participate by visiting the CETRA Housing office and signing the petition. Let's come together and help maintain the safety of our children and fellow residents. Together we can bring a positive and lasting impact. CETRA thanks its Residents for their commitment and support in making Victoria Rise a safer place for everyone.

SUPERMARKET VOUCHER

Residents may recall that a very generous anonymous Resident recently gifted CETRA with a number of supermarket vouchers to help others during the cost of living crisis. They committed to this for 6 months and whilst those 6 months have now finished CETRA do still have a number of supermarket vouchers available for those in need. If you are struggling and would like a voucher, no questions asked, please contact/visit the CETRA Housing Office to obtain one of the vouchers. CETRA would like to place on record its thanks to the Resident for their generosity at such a difficult time for most Residents.

CETRA ELDERLY COFFEE SOCIAL CLUB

CETRA are excited to announce that after a period of postponement due to the Pandemic we will be reinstating the Coffee Social Club for our senior residents. We apologize for the long delay in the coffee club being reinstated, but the safety and well-being of our RESIDENTS has been our top priority. If you or any other elderly residents you know would be interested in joining the Coffee Social Club, we invite you to get in touch with us. We want the club to be fun, engaging, and meaningful and so any ideas and suggestions are welcome.

What activity would you love to see? Is there a particular topic or theme that you are passionate about? Your insight will help make the club successful.

Gentle exercise : chair yoga, gently stretching, meditation, or taking a walk in the park.

Art and craft: drawing and painting, colour therapy, making journal.

Book club: reading and discussing books, or watching favourite movies and talking about them

Games: word games and puzzles.



Or the club could be a place for us to be together, share your life experiences, and stories over coffee or tea and have a great time. Whatever your reasoning for wanting to join please get in contact to register your interest and we can provide you with further information. If any Elderly Resident's wish to attend but may struggle to get to the coffee club (held at 1 Lyncott Crescent) please contact us and we will do our utmost to get you there!

Once we have managed to get enough interest in the coffee club we will contact those who have registered their interest to advise of when the first coffee club of 2023 will be held. We are looking forward to welcoming all old and new faces to the coffee club where we can share joyful moments and laughter with you !!

HOW TO DEAL WITH MOULD AND MILDEW AT HOME

When removing mould, nasty spores might be released into the air, so it's vital you wear protective goggles gloves and a face mask. You should also open windows so the spores don't spread to other areas of your house.

Some remedies for mould removal include

Borax. Mix one cup of this cheap, natural cleaner with four parts water and brush into the affected area. When finished, wipe away with clean water and allow to dry before spraying the area with white vinegar to stop re-contamination

Vinegar. Spray mild white vinegar onto the area and leave for around an hour before wiping away with warm water. Dry the surface thoroughly with a towel to prevent regrowth

Baking soda. Mix one teaspoon of liquid soap to one cup of baking soda and some warm water to make a paste, before applying to the mouldy area. Leave for an hour before clearing away

Bleach. If the other methods don't cut it, mix one part bleach to two parts water and apply to the area using a spray bottle. Allow to dry, spray for a second time and scrub using a brush – repeat until the mould has gone

Specialist spray. There are many mould-busting products available on the market, just make sure you research reviews beforehand.

Preventing further growth

Once you've removed the mould, you don't want it to return. **Proper Ventilation** is a key to stop regrowth so it's important you use your extractor fan or leave windows open in your kitchen when cooking.

Open a window after your shower.

Cleaning your bathroom regularly using vinegar in a spray bottle will help, too, and don't forget to check for leaks and blockages that could be causing mould infestations.